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The Standard Nurse Training Program established by the State Nurse Association in 1927:

Probationary Period and First Year--

Practical Nursing Procedure – 110 hours

Anatomy and Physiology – 75 hours

Drugs and Solutions – 24 hours

Materia Medics – 40 hours

Ethics and History of Nursing – 18 hours

Elementary Dietetics – 8 hours

Bandaging – 12 hours

Hygiene and Sanitation – 15 hours

Chemistry – 20 hours

Intermediate Year--

Dietetics – 36 hours

Surgical Diseases, including Gynecological Orthopedics – 24 hours

Obstetrical Nursing – 20 hours

Bacteriology, including Simple Laboratory Procedures – 18 hours

Operating Room Technique – 10 hours

Massage – 20 hours

Psychology – 10 hours

Senior Year--

Medical Nursing – 25 hours

Anesthesia – 2 hours

Laboratory Diagnosis – 8 hours

Obstetrical Nursing – 12 hours

Nervous and Mental Diseases – 5 hours

Pediatrics – 12 hours

Eye, Ear, Nose and Throat – 12 hours

Advanced Ethics – 6 hours

Special Topics and Review – 12 hours

From: Flewellyn, Barbara E., comp. and ed. *A Special Place: St. Mary's Hospital of Nursing, Clarksburg, West Virginia, 1905-1969* (2020): 40. West Virginia & Regional History Center.

St. Mary's 1954 curriculum:

Year 1:

Anatomy and physiology	50 lecture hours	70 lab/clinical hours
Chemistry	23 lecture hours	42 lab/clinical hours
Microbiology	30 lecture hours	30 lab/clinical hours
Psychology	30 lecture hours	
Sociology	30 lecture hours	
Professional Adjustment I	22 lecture hours	
Nursing	107 lecture hours	77 lab/clinical hours
Pharmacology	45 lecture hours	
Food and Nutrition	28 lecture hours	18 lab/clinical hours
Diet Therapy	35 lecture hours	42 lab/clinical hours
Introduction to Medical Science	30 lecture hours	
History of Nursing	30 lecture hours	

Year 2:

Medical-Surgical Nursing	60 lecture hours	38 lab/clinical hours
Communicable Disease Nursing	30 lecture hours	15 lab/clinical hours
Eye, Ear, Nose, Throat Nursing	16 lecture hours	2 lab/clinical hours
Gynecological Nursing	17 lecture hours	4 lab/clinical hours
Neurological Nursing	10 lecture hours	
Operating Room Nursing	15 lecture hours	10 lab/clinical hours
Orthopedic Nursing	22 lecture hours	5 lab/clinical hours
Tuberculosis Nursing	6 lecture hours	9 lab/clinical hours
Urological Nursing	15 lecture hours	6 lab/clinical hours
Endocrinology	13 lecture hours	6 lab/clinical hours
Venereal Disease	6 lecture hours	
Obstetric Nursing	30 lecture hours	54 lab/clinical hours
Nursing of Newborn		28 lab/clinical hours plus 7 hours Milk Room

Year 3:

Nursing of Children	45 lecture hours	15 lab/clinical hours
Nursing & Health Service in Family	40 lecture hours	
Outpatient Nursing		4 lab/clinical hours
Emergency Nursing	22 lecture hours	14 lab/clinical hours
Psychiatric Nursing	57 lecture hours	52 lab/clinical hours
Clinical at St. Francis, Pittsburgh		345 lab/clinical hours
Professional Adjustment II	23 lecture hours	

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St. Mary's 1961 Curriculum (Class of 1964)

First Year:

First Quarter:

Principles of Nursing I	90 total hrs	30 class hrs	60 lab hrs	40 supervised practice hrs
Anatomy and Physiology	60 total hrs	40 class hrs	20 lab hrs	
Chemistry	60 total hrs	20 class hrs	40 lab hrs	
Nutrition	15 total hrs	15 class hrs		
Social Science in Nursing	30 total hrs	30 class hrs		
Principles of Christian Living	15 total hrs	15 class hrs		

Second Quarter:

Principles of Nursing II	70 total hrs	30 class hrs	40 lab hrs	180 supervised practice hrs
Anatomy and Physiology	60 total hrs	20 class hrs	40 lab hrs	
Nutrition	15 total hrs	15 class hrs		
Social Sciences in Nursing	15 total hrs	15 class hrs		
General Ethics	15 total hrs	15 class hrs		
Medical – Surgical Nursing I	60 total hrs	60 class hrs		

Third Quarter:

Principles of Nursing III	30 total hrs	60 class hrs	15 lab hrs	195 supervised practice hrs
Microbiology	60 total hrs	15 class hrs		
History of Nursing	15 total hrs	15 class hrs		
Medical – Surgical Nursing II	120 total hrs	120 class hrs	15 lab hrs	

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Second Year:

First Quarter:

Maternal and Newborn Nursing	90 total hrs	65 class hrs	13 lab hrs	12 clinical conference hrs
430 supervised practice hrs (OB Nursing Block of 13 weeks through first, second and third and fourth quarter)				

Second Quarter:

Nursing of Children	90 total hrs	65 class hrs	13 lab hrs	12 clinical conference hrs
430 supervised practice hrs (Pedicatric Block of 13 weeks through second, third and fourth quarter, 2 <sup>nd</sup> year, 1 <sup>st</sup> quarter 3 <sup>rd</sup> year)				

Third Quarter:

Psychiatric Nursing	105 total hrs	76 class hrs	5 lab hrs	24 clinical conference hrs
416 supervised practice hrs (Psychiatric Block of 13 weeks through the second, third and fourth quarters of the second year)				

Fourth Quarter:

Medical – Surgical Nursing	45 total hrs			45 clinical conference hrs
315 supervised practice hrs (Block through 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> quarters of the second year. *2 week Diet Therapy Cl. Experience integrated into Medical-Surgical Clinical experience)				

Third Year:

First Quarter:

Medical-Surgical Nursing	60 total hrs			60 clinical conference hrs
439 supervised practice hrs (Emergency Room Clinical Experience 2				

weeks, through first, second, third and fourth quarter of third year. Urological Nursing Clinical Experience three weeks integrated into Medical-Surgical Clinical experience through the 1st, 2nd, 3rd and 4th quarter of the 3rd year)

Second Quarter:

Medical-Surgical Nursing III	135 total hrs	75 class hrs	60 clinical conference hrs
374 supervised practice hrs			

Third Quarter:

Medical-Surgical Nursing IV	120 total hrs	60 class hrs	60 clinical conference hrs
362 supervised practice hrs (Surgical Specialty 2 weeks clinical experience integrated into Medical-Surgical Clinical Experience)			

Trends in Professional Nursing	30 total hrs	30 class hrs
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Principles of Christian Marriage	10 total hrs	10 class hrs
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Course Descriptions:

General Education Courses:

Principles of Christian Living: This basic course in moral guidance treats the principles of Christian morality and their application to the nurses' personal and professional life.

Principles of Christian Marriage: This is a special course in marriage guidance for senior students. The aim is to interpret the responsibilities inherent in Christian marriage.

Ethics: A course designed to help the nurse understand the natural and [?] laws, and the true standards of morality. It emphasizes the application of ethical principles to the solution of professional and personal problems.

Biological and Physical Sciences:

Anatomy and Physiology: This course proposes to help the student acquire an understanding of fundamental concepts of body structure and function so that she [may?] apply this knowledge of anatomical and physiological principles in [?] own personal hygiene and in the nursing care of patients.

Chemistry: A study of organic and biological chemistry with a review of inorganic chemistry as related to nursing. Knowledge acquired in this course [?] its application to help more meaningful the applied sciences [?] arts.

Microbiology: This course is designed to develop an understanding and appreciation of the characteristics and activities of micro organisms, their relations to health, diseases and the scientific development in the field [?] microbiology. Emphasis is placed on basic principles and procedures [involved?] in preventing diseases, in achieving sterilization, asepsis, [iso... ?] and in their application to health care.

Nutrition: A study of the fundamental principles of nutrition including the [?] of food for well balanced meals in normal and therapeutic [?]. The course includes consideration of modifications in the normal [?] in the treatment and control of disease.

## Non-Clinical Courses:

**Trends in Professional Nursing:** A course designed to guide the senior student in learning the means which help in continued professional growth and successful adjustment in Professional Nursing. Emphasis is placed on the knowledge of the social and economic situation, so that the student will understand and appreciate the responsibilities of the graduate professional nurse.

## Social Science

### Social Sciences in Nursing

**Psychology-Sociology:** A course designed to equip the student with a better understanding of the behavior problems concerning the child, the adult, and the aged. It strives to help her understand herself. This course also provides the student with a basic knowledge of man as a social being and his adjustment to environment. It is an interpretation of the effect environmental, economic, and family problems have on the health of the individual person and the community.

**History of Nursing:** This course deals with the development of nursing from the pre-Christian era to the modern period in an attempt to engender an appreciation of the past and clarify the position of nursing in modern world health.

## Clinical Courses:

**Principles of Nursing:** This course aims to help the student to an effective application [of] the scientific principles involved in giving good nursing care to people of all age levels with emphasis on safe practice. It is designed [to] help the student develop an understanding of good body mechanics. The student is assisted in acquiring the mental skills and attitudes essential in the maintenance of satisfactory inter-personal relationships.

**Maternal and Child Nursing:** Maternal nursing is the study of the care of mother and baby from [?] beginning of pregnancy through the puerperal period with consideration of emotional aspects and abnormalities of pregnancy. Child nursing is the study of the normal child from infancy to adolescence with special consideration given to normal growth and development. It includes the study of diseases and abnormalities specific [?] this age group with mental, physical, social and emotional aspects of [?] well defined.

**Psychiatric Nursing:** This course in the fundamentals of modern psychiatric nursing is [?] at Our Lady of Peace Psychiatric Hospital School of Nursing, Louisville, Kentucky. The aim is to help the student to understand the [?] of behavior and personality integration; to help the student [?] the problems of all types of patients; to become aware of the [?] aspects by understanding the mechanisms of wholesome personality development.

**Medical and Surgical Nursing I:** This course incorporates the study of the cause of disease and method of diagnosis. The student learns the symptoms of disease and methods of treatment for medical and surgical pathological conditions. Included are instruction and supervised practice in the care of patients with neoplastic conditions and respiratory diseases with attention to drugs, diets, etc. Factors in prevention and public health problems are also considered.

**Medical and Surgical Nursing II:** This course incorporates the study of patients with diseases of the circulatory system, patients suffering from digestion disturbances, metabolic diseases as well as patients suffering from pathological conditions of the female generative system with attention given to drugs, diets, etc., pertaining to these diseases. It includes instruction and supervised practice in aseptic technique.

**Medical and Surgical Nursing III:** This course incorporates the study and care of patients with urinary diseases, conditions of the eye, ear, nose and throat, as well as the diseases involving bones, muscles and the integumentary system. The importance of early diagnosis as a means of reducing incidence of these diseases is emphasized. Consideration is given to the socio-economic and rehabilitation problems.

Medical and Surgical Nursing IV: This course incorporates the study and care of patients suffering from organic conditions of the nervous system – Emergency, First Aid and Civil Defense is incorporated into this last quarter of Medical Surgical Nursing. This standard first aid course gives practice in bandaging, splinting and in the application of principles of safe and effective first aid care. Included are the basic principles and methods of providing care in emergency situations that might arise in the community.

From: "Bulletin," Saint Mary's Hospital, School of Nursing, Clarksburg, West Virginia, 1962-1964. West Virginia & Regional History Center. A&M 4584, Box 1, Folder 11.